

## Why should I do it as a researcher or as a parent?

### Fenna:

Involving parents as partners can ensure that the needs of families are met, maximizing the benefit and participation of families, and ensuring meaningful research results. A clear example for me was that a mother of a child, was unable to bring her daughter to the gait-laboratory for an analysis. Her new job limited her ability to come during the week with her daughter to the gait laboratory. We identified the opportunity to bring children from the school to the laboratory during school hours. Without this parental input, we would not have identified solutions that facilitate research while meeting the needs of parents. Understanding the family context and optimizing research questions and design to meet the needs of the parents from the onset of the study, can ensure the research is meaningful and successful.